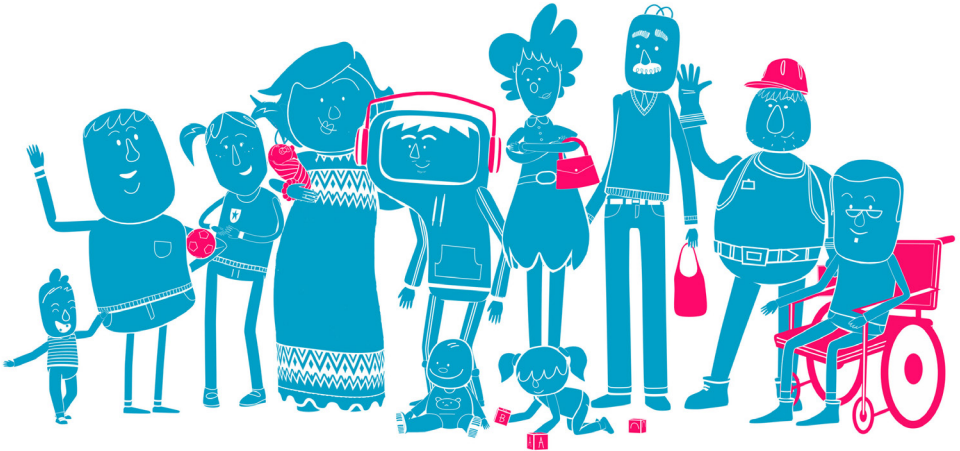


# Derbyshire Independent Living Service



We can help you with:

- Maintaining your tenancy
- Maximising benefits
- Staying independent
- Dealing with debts
- Health, Safety and Security
- Mental health and wellbeing
- Accessing community groups
- Employment, training and volunteering support
- Signposting to other agencies

If you are experiencing difficulties with your mental health and need support to maintain your tenancy, or find a suitable home, we offer a range of support options to suit your needs. This includes support in your home, community drop-in sessions and mobile outreach. You can also visit one of our community drop-in Navigators for support with any housing related issue, without an appointment.

If **you** or **someone you know** could benefit from this support, please get in touch with your nearest Navigator using the number below or complete an online application at [www.p3charity.org/DIL](http://www.p3charity.org/DIL)

Where are we?

01773 742051



email [DIL@p3charity.org](mailto:DIL@p3charity.org)

**Buxton**  
Ground Floor,  
1a Hardwick Mount  
Buxton,  
Derbyshire  
SK17 6PP

P3



**Matlock**  
Unit 7,  
Lime Tree Business Park,  
Lime Tree Road,  
Matlock DE4 3EJ

P3

**Chesterfield**  
40, Albert Road, New Whittington,  
Chesterfield, S43 2BH

P3

**Ripley**  
7-11 wellington Street, Ripley, DE5 3EH

P3

**Ilkeston**  
98 Bath Street, Ilkeston, DE7 8FE

P3

**Swadlincote**  
12 Hill Street  
Swadlincote  
Derbyshire, DE11 8HL

Look out for our Mobile Advice Vehicle providing regular pop-up surgeries in different locations throughout Derbyshire.

